



# Helping Hands Home Assistance, Inc.

*Our mission is to provide comprehensive, high quality, reasonably priced services to the elderly and those with disabilities enabling them to live independently.*

## *Services that HHA provides:*

- Medical and Non-Medical Care
- Care Provided Around the Clock
- Arrange Photo Albums/Scrapbooks
- Assistance With Standing/Walking
- Birthday/Anniversary Reminders
- Bowel and Bladder Program
- Catheter Care
- Care Log To Inform Family
- Central and Port Maintenance and Management
- Change Bedding
- Check For Food Expiration Dates
- Clean Refrigerator/Oven
- Clip Coupons For Shopping
- Clothing Selection
- Companionship
- Case Management
- Diabetic Teaching and Care
- Discuss Historical Events
- Dishwashing
- Document Family History
- Dressing and Grooming
- Dust and Polish Furniture
- Empty Garbage Containers
- Encourage Interaction w/ Others
- Evaluate for Needed Services
- Finding Recipes
- Help with Pets/Vet visits
- Housekeeping
- Information & Referral Services
- Inspirational Readings
- Ironing
- Laundry
- Listening to Music
- Maintain Client Calendar
- Medication Management & Reminders
- Mending/Sewing
- Monitor Diet Plans
- Organize Food Pantries
- Organize Incoming Mail
- Organize Storage Closets
- Oversee Home Maintenance Needs
- Patient and Family Education
- Participation in Crafts and Games
- Personal Care (bathing, dressing, grooming, etc.)
- Pick-Up Groceries
- Plan and Prepare Meals
- Prepare list for Groceries
- Provide Newspapers and Books
- Read and Write Letters
- Reading and Singing
- Safety Check on Smoke Detectors
- Skilled Nursing
- Taking Walks/Get Fresh Air
- Tracheotomy and Ventilator Care
- Vacuum, Sweep and Mop
- Watching Movies
- Watering House Plants
- Wound Care

---

*Contact us today @*

**Helping Hands Home Assistance, Inc.**

131 Ponce de Leon Ave. NE, Ste. 109

Atlanta, GA 30308

(404) 214-9775

Email: [info@helpinghandshomeassistance.org](mailto:info@helpinghandshomeassistance.org) or visit our web site: [www.helpinghandshomeassistance.org](http://www.helpinghandshomeassistance.org)

